

# at home

with Nicky Hambleton-Jones

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## WANT BIGGER BOOBS?

Meet four women who went under the knife...

# 10 PERFECT

NICKY'S WINTER FASHION BUYS!

## beauty BEFORE AGE

Take YEARS off INSTANTLY

## DENIM DELIGHTS

Jeans for every shape

NICKY EXCLUSIVE

I'd LOVE to work my MAGIC on...

# BRITNEY SPEARS

10 YEARS YOUNGER  
Top makeovers from the hit show

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**Transform**  
cosmetic surgery group  
*a more confident you*

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Try a facelift facial

## SEMI-PERMANENT make-up secrets

IN ASSOCIATION WITH  
London Holistic Dental Centre

**WIN!**

- \* £200 worth of Collin Paris Skincare
- \* A years' supply of Playtex MySize lingerie

**BUMPER DENTAL GUIDE**

## HOW TO GET A BRIGHTER, WHITER SMILE!



My Breast logo



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